

Grange Primary School

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Headteacher: Miss Rebecca Benjamins Interim Assistant Headteacher: Mr Jason Graham Assistant Headteacher: Miss Amanda Matheson School Business Manager: Mrs Kim Edwards

10th June 2025



Dear Parents/Carers,

We are pleased to let you know that we will be resuming our annual visit to Surrey Docks Farm for our Nursery pupils. We will be going to the farm on Friday, 20th June 2025; travelling by bus leaving promptly at 9.30am and will be back to school by 3.30pm.

If your child attends the afternoon session (12.30pm to 3.30pm); we ask that they arrive to school at 8.55am on this day, so we can all travel together. Please be ready to collect your child from school at 3.30pm.

Surrey Docks Farm is a working community farm in London that engages children to learn about farming and food provenance.

Please ensure your child has a rucksack (to carry lunch and extra clothes), a waterproof coat, comfortable walking shoes, a packed lunch if you are not requesting a school lunch.

<u>Please ensure you have made the annual contribution towards trips of £48.00 via your Arbor App</u> which will cover the cost of ALL trips this year.

Many thanks in advance for giving the request slips back promptly. Kind regards,

Mr. Tiplady EYFS Lead



Surrey Docks Farm- Nursery (Sun) Class (20/06/25)	
I give permission for my child	in <u>Sun</u> class to attend the trip to Surrey
Docks Farm on Friday, 20 th June 2025.	
I have paid the annual contribution via Arbo Name of parent: -	<u>r</u>
Traine of parent.	
Parent/carer signature:	Date:

Co-operation Respect Resilience Confidence Responsibility

Packed lunches should include:

- at least one portion of fruit and one portion of vegetables every day.
- meat, fish or other source of non-dairy protein (e.g. lentils, kidney beans, chickpeas, hummus, peanut butter and falafel) every day
- oily fish, such as salmon, at least once every three weeks.
- a starchy food such as any type of bread, pasta, rice, couscous, noodles, potatoes or other type
 of cereals every day.
- dairy food such as milk, cheese, yoghurt, fromage frais or custard everyday
- only water, still or sparkling, fruit juice, semi-skimmed or skimmed milk, yoghurt or milk drinks and smoothies.

Packed lunches should not include:

- snacks such as crisps. Instead, include nuts, seeds, vegetables and fruit (with no added salt, sugar or fat). Savoury crackers or breadsticks served with fruit, vegetables or dairy food are also a good choice.
- confectionery such as chocolate bars, chocolate-coated biscuits and sweets. Cakes and biscuits are allowed but encourage your child to eat these only as part of a balanced meal.
- Meat products such as sausage rolls, individual pies, corned meat and sausages / chipolatas should be included only occasionally.

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