



Weekly Newsletter

Autumn Term 2

Friday, 8th November 2024



A Message from our Headteacher

Dear Parents,
Welcome back, we have had a lovely week and it has been great to see everyone back and focussed. This week the children have learnt all about fire safety around fireworks, the festival of Diwali and many classes have started their new topics.

Remembrance Day

Monday 11th November 2024 is Remembrance Day. We will take the time to teach the children about this day but also the devastation wars have on communities including current conflicts. The children will spend time understanding the significance of the poppy. If you would like more information about this day, please click the link below.



Mary Phillip

During the holiday our very own Mary Phillip has been inducted into the National Football Museum Hall of Fame. We are really proud to know Mary and are so lucky to have her work with us here at Grange. Massive congratulations Mary!!



Weather

As the weather is getting colder, please make sure you send your children to school in a named coat and named jumper. We have multiple jumpers and coats in lost property already which have no names on them. Please remind your children to pick up their jumpers and please, please, please, help us by writing their names in their clothing!

PE Kits

Please remember to bring your child's PE kit into school on a Monday and ask them to return it home on Friday. Failure to bring your kit could result in a detention and will mean your child cannot take part in the lesson.

Tesco Fundraiser

We have been selected by Tesco as one of three schools to support in our local community. All you must do is collect a blue token and place it in the Grange slot! The more tokens we receive the more money we will raise! There are tokens at the Tesco across the road from school!

Please click the link to watch our promotional film!!

<https://strongerstarts.tesco.com/video/9d34bb27-e347-4565-8780-0ca7ed93e2cf>

EYFS Maths meeting

Do you have a child in reception and nursery, if you do, please come along to our parent maths meeting on Monday 11/11/24 at 9.05am to see how you can help your child learn at home!

Antibullying week and Odd Socks Day

Next week is antibullying week. The children will spend time learning about friendships and being kind. Odd Socks Day is taking place on Tuesday 12th November, with adults and children being encouraged to wear odd socks to celebrate what makes us all unique

I hope you have an enjoyable weekend, and we will see you all on Monday at 8.50am.

Rebecca



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Autumn Term 2

Friday, 8th November 2024



School Information

Attendance & Punctuality Class Winners of The Week







School Year Autumn Term	Class	%
Attendance KS1 Winner	Planet Earth	94.3
Attendance KS2 Winner	Pluto	98.6
KS1 Punctuality Winner	Venus	98.3
KS2 Punctuality Winner	Pluto	99
Rest of School		
Class	Punctuality %	Attendance%
Venus	98.3	93.3
Mercury	94.4	91.4
Earth	98.2	94.3
Jupiter	96.4	92.3
Saturn	95.2	91.7
Galaxy	96.1	96.1
Neptune	98.3	96.2
Pluto	99	98.6
Aurora	98.2	95.9
Sky	95.8	98.3
Total Weekly Attendance:		95.1%

Dates for the Diary



11/11/24	Classes to mark Remembrance Day
11/11/24	EYFS Maths coffee morning
12/11/24	Anti Bullying week / Wear odd socks day
15/11/24	G-Factor Talent Show
18/11/24	KS1 Maths coffee morning
25/11/24	KS2 Maths coffee morning
25/11/24	White Ribbon Day (international day for the eradication of violence against women)
01/12/24	Advent Sunday
02/12/24	School Christmas tree to arrive - school council to decorate
06/12/24	Pantomime visiting the school, performance in middle hall times to be arranged
12/12/24	Christmas Jumper Day (money raised for save the children)
12/12/24	Children's Christmas Dinner
16/12/24	House winners' trip

House Winners

Tim Peake 	926
Stephanie Wilson 	1023
Neil Armstrong 	1176
Helen Sharman 	1184
Bernard Harris 	831

Attendance Ladder

How close is your child to 100%?

0 days off school	100%	Perfection
Equates to 2 days off school each year	99%	Excellent
Equates to 5 days off school each year	97%	Good
Equates to 10 days off school each year	95%	Slight Concern
Equates to 20 days off school each year	90%	Concerned
Equates to 30 days off school each year	85%	Very Concerned



Weekly Newsletter

Autumn Term 2

Friday, 8th November 2024



Word of the Week

The word of the week this week is "abundant". Please spend some time discussing this word with your child.

Shinobi Word of the Day

Word of the Day: **abundant** Word Class (adjective)
Pronunciation / Syllables (a-bun-dant)

Definition:

Something that is abundant is present in large quantities.



The resources were **abundant** in the classroom.

Synonym: ample, rich
Antonym: insufficient, lacking
Prefix / Suffix: over-, -ly
Rhyme:
Link Word: provide, naturally

Value of the Week

The value of the week this week was "Hope". Please take some time over the weekend to discuss this value with your children.

"While there's life, there is hope"
(Stephen Hawking)



Happy Birthday to You!

First Name	Class	Age
Kingsley	Sky	11
Noor	Galaxy	9
Hannan	Planet Earth	7
Elizabeth	Star	4
Aaliyah	Venus	6
Issam	Saturn	8
Madeline	Neptune	10
Safiatou	Aurora	11
Manzour	Sky	11
Carmen	Moon	5



Makaton Word of the Week

Along with our word of the week, our children will now be learning some sign language. We have many pupils at Grange that are non-verbal and one of the ways in which we communicate with them is to use sign language. We want all our children to be able to communicate with each other so felt that teaching our children to sign would help this. Please help us to learn together by practising this with your child at home.

Not



Mathletics



Winning Class: **Mercury Class**
 School's total points: **30,410**



Weekly Newsletter

Autumn Term 2

Friday, 8th November 2024



Class Gallery

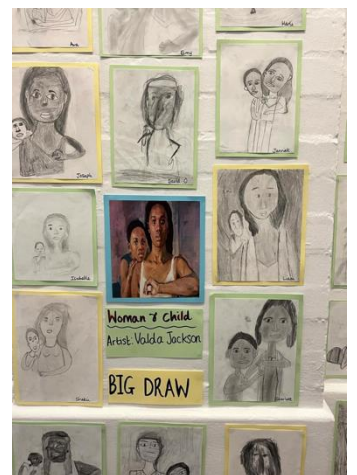
Year 3 –Jupiter and Saturn class

Look at the amazing artwork year 3 created inspired by Yinka Shonibare!



Year 4 –Galaxy class

Year 4 enjoyed learning about the artist Valda Jackson and recreated one of her work using their sketching and shading techniques.





Weekly Newsletter

Autumn Term 2

Friday, 8th November 2024



Rewards

Years 1 & 2

Core Value: **Hope**
Year 1 and Year 2

Class:	VIP of the week	Reason for Award:
Venus	Yousef	For having a 'can do' attitude with his learning attitude.
Mercury	Peace	For having such a positive attitude towards her learning
Planet Earth	Obatide	For always encouraging others to have a positive attitude like himself

Class	Writer of the week	Reason
Venus	Amanatu	For writing a good sentence using the conjunction 'but'.
Mercury	Nasir	For fabulous independent writing
Planet Earth	Ronnie	For an amazing comparison of London in 1666 and London now.

Class	Mathematician of the week:	Reason:
Venus	Ibrahim	For showing the class how to subtract and add numbers.
Mercury	Eva	For great knowledge of addition and subtraction
Planet Earth	Zendaya	For excellent effort in her maths this week. Keep it up!

Class:	Reader of the week:	Reason for Award
Venus	Bambi	For using her reading skills in all her lessons
Mercury	Jalayah	For growing in confidence and fluency with her reading
Planet Earth	Raquel	For amazing expression in her reading this week



Weekly Newsletter

Autumn Term 2

Friday, 8th November 2024



Rewards

Years 3 to 6

Core Value: **Hope**
Years 3 to 6

Class:	VIP of the week	Reason for Award:
JUPITER	Yenko	For his fantastic start to his school journey at Grange and we are hopeful you will enjoy it.
SATURN	Rubie	For displaying a growth mindset towards her learning!
GALAXY	Scarlett	For always having a positive attitude towards all her classwork
PLUTO	Ibrahim	For making great choices this week and showing a great attitude in his learning.
NEPTUNE	Angel	For being a kind and helpful member of the class
AURORA	Jenai	For having an excellent attitude towards her learning.
SKY	Gazel	Being extremely helpful with a new child and having an excellent attitude towards her learning.

Class	Writer of the week	Reason
JUPITER	Kylie	For her effort in using her sounds and visuals to help her complete her work.
SATURN	Abdoul	For wonderful writing independently, this week!
GALAXY	Joseph	For an amazing letter of application for the job of a crewmate!
PLUTO	Elliott	For a great effort describing Mary Jackson.
NEPTUNE	Madeline	For always challenging herself in writing
AURORA	Rhys	For using parenthesis with great accuracy
SKY	Emily	For writing a fantastic diary entry in role as Anne Frank.

Class	Mathematician of the week:	Reason
JUPITER	Hana	For using her arithmetic knowledge to add using the column method.
SATURN	Issam	For great work using column method for subtraction!
GALAXY	Erica	For practising her multiplication tables in the half term
PLUTO	Luis	For always giving his best effort in Maths lessons.
NEPTUNE	Shyla	For great focus in maths
AURORA	William	For his excellent understanding of complex worked problems
SKY	Sana	Excellent effort when solving complex multi-step problems.

Class:	Reader of the week:	Reason
JUPITER	Ubaydah	For his brilliant fluent reading. He is really growing in confidence.
SATURN	Knadia	For showing a love for reading and always bringing in a signed record!
GALAXY	Charlotte-Rose	For reading all through the half term!
PLUTO	Sanusi	For a great job explaining descriptive passages in his reading.
NEPTUNE	Jhulian	For showing such enthusiasm for reading
AURORA	Ilyas	For always reading at home
SKY	Kingsley	For being an enthusiastic and fluent reader



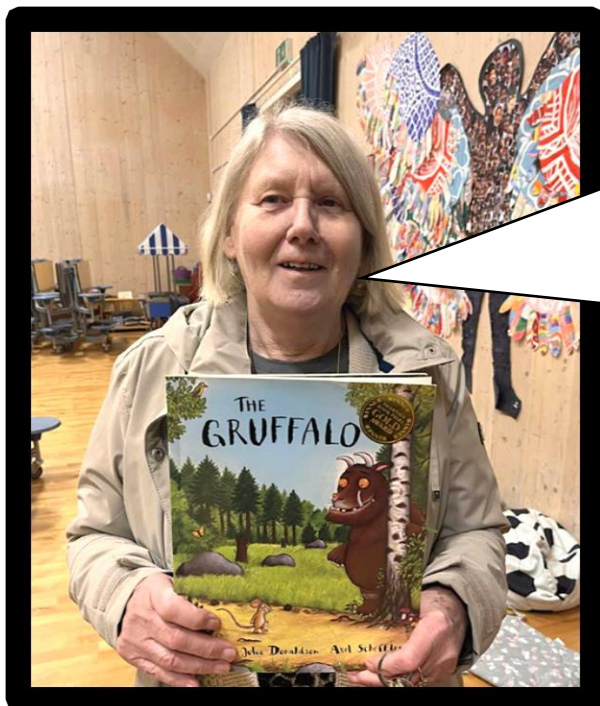
Weekly Newsletter
Autumn Term 2
Friday, 8th November 2024



Parent/ Carer Information and Support

In an effort to encourage reading for pleasure each week one of our staff members will share their favourite children's book. This book will then be available for children to borrow to see if they enjoy reading it also. This week I have chosen one of my favourite books to share in assembly.

Favourite book Friday



The Gruffalo by Julia Donaldson is a smart story book for all children. It has lots of pictures and rhyming words that allow the reader to use their creativity and imagination. What I like about the story, is that throughout the book we are made to believe that it is this big creature with knobbly knees and turned-out toes that all the animals are frightened of, but the Gruffalo turns out to be a tiny mouse. It is a really good book to have fun with!

Opportunities Southwark are providing

1. FREE adult learning opportunities in Southwark Click on the link below for further information:

[Southwark education and training](#)

2. Community Southwark Volunteer

Community Southwark Volunteer is a new volunteering platform which links local charities and community groups with people who want to volunteer. Make a difference in your community! Click on the link below for further information.

[Community Southwark Volunteer](#)

3. Southwark Council website

Southwark Council have updated their website for residents. Click on the link below to find out more.

[Southwark Council website](#)

National Autistic Society coffee morning

National Autistic Society coffee mornings



Our topic this month: **EHCPs**
Yuk-King Wong and Henrietta Rooney share their experiences and top tips about EHCPs: including the pros & cons of having an EHCP, how to navigate the process of getting an EHCP and being clued up on what support your child is legally entitled to.

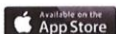
For parents & carers of autistic children on:

Friday 8th November
9:30am
Carnegie Library
Herne Hill, SE24 0AG

And the first Friday of every month
FREE of charge
Open to parents/carers of autistic people of all ages in Lambeth & neighbouring boroughs



Remember, we are no longer using ParentMail, so sign up for the Arbor app today by following this link <https://login.arbor.sc> clicking forgotten password and you will be emailed a link to access our school on Arbor.



We're using Arbor's free Parent Portal and Parent App

We've chosen Arbor to help us manage our school.

Arbor is a simple, smart and cloud-based MIS (Management Information System), which helps us work faster, smarter and more collaboratively as a school. The Parent App and Parent Portal mean we can keep you informed about your child's life at school in a much more accessible way. Log into Arbor to see and update your child's information, get live updates and make payments or bookings on the go!

The Parent Portal works on Google Chrome (computer or laptop) and you can download the Parent App from the App Store or Google Play Store on your phone (Android 5.0; iOS 10.0 and upwards).

How to get started

1. Wait for your welcome email from us telling you Arbor is ready - you won't be able to log in before
2. Click the link in your welcome email to set up your password
3. Go to the App or Google Play Store on your phone and search 'Arbor'
4. Click 'Install' on Android or 'Get' on iPhone then open the App
5. Enter your email, select the school, then enter your password
6. Accept the Terms & Conditions and enter your child's birthday

The Sunnyville School of Magic
W10 5BN, London, GBR

Enter your password

Log In

Forgotten password?

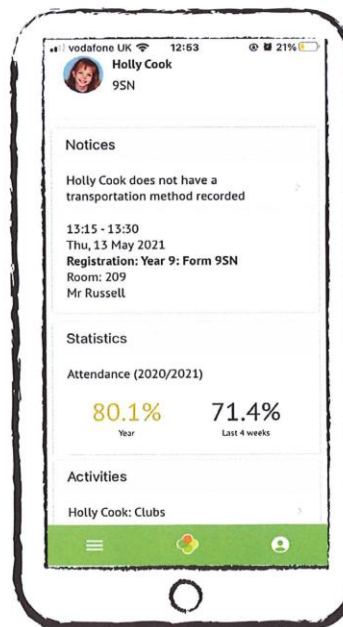
Need help using Arbor?

Contact the school office if you have questions about Arbor, the App or Parent Portal. Tell us the type and model of your phone, e.g. an iPhone SE, and include screenshots or screen recordings.

To safeguard student data in line with General Data Protection Regulations (GDPR), Arbor only works directly with schools.

Some tips to try:

1. Ensure your username is the email address you use for Arbor. Ask us to **check the email address** linked to your account.
2. **Reset your password** from the login page, or ask us to do this.
3. If the login email was sent to you more than 96 hours ago, the **password link will have expired**. Ask us to send it again.
4. Ask the school office to check that your email address has not been used twice - e.g. on another guardian or child's profile.
5. **Enter the birthday** of one of your children to log in.
6. Only relatives who are **Primary Guardians** of a child can access the Arbor App. Ask us to check you can access Arbor.



Helping Your Child with ADHD & ASD Sleep and Focus Support

Sleep Support Options

Children with ADHD and ASC often struggle with sleep. Lack of sleep can affect their behaviour, focus, and emotional regulation. To help improve their sleep, here are some natural remedies and calming aids you can explore:

Sweet Dreams Sleep Stickers

A blend of natural sleep oils that can be applied to help children relax and fall asleep. Stick one onto your child's skin before bed. <https://amzn.eu/d/54hSriL>

Kids Sleep Gummies

A chewable, melatonin-free sleep supplement that includes ingredients like magnesium, L-Theanine, and Vitamin B12 to naturally promote relaxation. Give one gummy about 30 minutes before bedtime. <https://amzn.eu/d/27jl3lW>

Natures Aid Bedtime Sleep Drops

Mini drops formulated with natural ingredients for children 3 months to 5 years to encourage restful sleep. Add drops to a drink or administer directly. <https://amzn.eu/d/6LKUfse>

Child's Farm Lavender Pillow Mist

A gentle lavender mist suitable for sensitive skin. The calming scent of lavender can help create a soothing bedtime atmosphere. Spray lightly onto pillows and bed linen before sleep. <https://amzn.eu/d/1dvJjk9>

Buzz Patch Focus Stickers

Natural patches designed to enhance focus and concentration without chemicals or drugs. Great for kids and adults alike. Place the sticker on your child's clothing during homework or focused activities. <https://amzn.eu/d/2r0cuwt>

Magnesium Supplement

Magnesium can help regulate mood, reduce hyperactivity, and improve sleep. It's also known to ease anxiety, which can be beneficial for children with ASC and ADHD. Natural sources can be found in leafy greens, nuts and seeds.

Potassium Supplement

Potassium supports brain function, muscle control, and helps maintain proper nervous system health. Natural sources can be found in Bananas, oranges and potatoes.

Cod Liver Oil (Omega-3 Fatty Acids)

Omega-3s are crucial for brain development and function. Research suggests that they can improve attention, focus, and reduce hyperactivity in children with ADHD. Available in liquid or capsule form.

Vitamin B12

B12 supports nerve and brain health, which is especially important for children with neurodevelopmental disorders like ASC. Found in animal products like meat, eggs, dairy, or as a supplement.

General Tips for Managing ADHD & ASC

Establish a Consistent Routine: Regularity helps reduce anxiety and gives structure to children who may find unpredictability stressful.

Encourage Physical Activity: Exercise helps burn off excess energy and improves focus and mood.

Consider Sensory Needs: Children with ASC or ADHD may be sensitive to light, sound, or touch. Finding the right sensory tools (weighted blankets, noise-cancelling headphones) can help them feel more comfortable and focused.

Dietary Adjustments: Reducing sugar and processed foods while increasing intake of whole foods can improve focus and energy levels.

Financial Support for Families of Children with Additional Needs in the UK

If you have a child with additional needs, there are several forms of financial assistance available to help cover the costs of care, equipment, or everyday living. Below is an overview of two key sources of support: Disability Living Allowance (DLA) and the Family Fund.

Disability Living Allowance (DLA)

Disability Living Allowance (DLA) is a benefit for children under 16 who have a disability or health condition. It helps with the extra costs of looking after a child who needs more care or supervision than a child of the same age without a disability.

Eligibility Criteria - To qualify for DLA, your child must:

- Be under 16 years of age.
- Have had their condition for at least 3 months and expect it to last for at least another 6 months.
- Need more help or supervision than other children their age.

How to Apply - You can apply for DLA for your child through:

Online Application: You can start the claim online at the UK Government website.

Paper Form: Download and complete the DLA claim form from the UK Government website.

DLA Helpline: 0800 121 4600

Family Fund

The Family Fund is a UK-wide charity providing financial grants to families raising a disabled or seriously ill child under 18. The grants help with a variety of items, services, or activities that can improve the quality of life for your child and family, such as equipment, clothing, travel costs, or sensory toys.

Eligibility Criteria - To be eligible for a Family Fund grant, your child must:

- Be under 18 years old.
- Have a disability, additional needs, or a serious illness.
- Receive a high level of DLA (Care or Mobility) or Personal Independence Payment (PIP), or have a complex medical or learning condition.
- The family must meet certain financial conditions (i.e., low income or receiving benefits).

How to Apply Online Application: Apply through the Family Fund's official website.

Phone Application: Call the Family Fund helpline if you need assistance with the application. Family Fund: 01904 550 055