

## Your child will learn to:

- Use tools with accuracy
- Discuss and understand what it needs to be healthy
- Understand what tools Ancient Egyptians used to make bread
- Design own Ancient Egyptian bread
- Follow a recipe with accuracy

## Egyptian Bread recipe

<https://www.allrecipes.com/recipe/246454/ancient-honey-cakes-rice-flour-cookies-with-nuts-or-poppy-seeds/>



## Trips/experiences

- British Museum



## Vocabulary

|                    |   |
|--------------------|---|
| <b>Unhealthy</b>   | harmful to health.  |
| <b>Healthy</b>     | in a good physical or mental condition; in good health.   |
| <b>Design</b>      | a plan or drawing produced to show the look and function or workings of a building, garment, or other object before it is made.   |
| <b>Evaluate</b>    | form an idea of the amount, number, or value of; assess.  |
| <b>Sieve</b>       | a utensil consisting of a wire or plastic mesh held in a frame, used for straining solids from liquids, for separating coarser from finer particles, or for reducing soft solids to a pulp. |
| <b>Flour</b>       | a powder obtained by grinding grain, typically wheat, and used to make bread, cakes, and pastry.  |
| <b>Ingredients</b> | any of the foods or substances that are combined to make a particular dish.   |
| <b>Weigh</b>       | find out how heavy (someone or something) is, typically using scales.   |
| <b>Recipe</b>      | a set of instructions for preparing a particular dish, including a list of the ingredients required.  |
| <b>Equipment</b>   | the necessary items for a particular purpose.   |