

Jigsaw PSHE ensures that learning from previous years is revisited and extended, adding new concepts, knowledge and skills, year on year as appropriate. The table below draws out the spiral knowledge and skills progression within the Celebrating Differences Puzzle (unit of work) including the key vocabulary used in each year group and suggestions for Family Learning.

## Knowledge



- Know that people have differences and similarities
- Know what bullying means
- Know who to tell if they or someone else is being bullied or is feeling unhappy
- Know skills to make friendships
- Know that people are unique and that it is OK to be different

## Key Vocabulary

Similarity, Same as, Different from, Difference, Bullying, Bullying behaviour, Deliberate, On purpose, Unfair, Included, Bully, Bullied, Celebrations, Special, Unique.

## Social and Emotional Skills



- Recognise ways in which they are the same as their friends and ways they are different
- Identify what is bullying and what isn't
- Understand how being bullied might feel
- Know ways to help a person who is being bullied
- Identify emotions associated with making a new friend
- Verbalise some of the attributes that make them unique and special

## Questions for Family Learning



- Can you say how you are different from a friend?
- Can you say how you are the same as a friend?
- What can you do to make a friend?
- How can you tell when someone is feeling sad, angry or upset?
- If someone is making you feel sad or upset what can you do about it?
- Can you show me how to do Calm Me time?

In this Puzzle (unit) the class talk about the similarities and differences between people and that these make us unique and special. The children learn what bullying is and what it isn't. They talk about how it might feel to be bullied and when and who to ask for help.

The children talk about friendship, how to make friends and that it is OK to have differences from their friends. The children also talk about being nice to and looking after other children you might be being bullied.