



Grange Primary School

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Headteacher: Miss Rebecca Benjamins
Assistant Headteacher: Ms Amanda Matheson

Interim Deputy Headteacher: Miss Farhana Sultana
School Business Manager: Mrs Kim Edwards

For pupils in Year 5 and Year 6 ONLY

Friday, 17 March 2023



Dear Parents/ Carers,

Ramadan Mubarak

Many of our families will be observing Ramadan for the next few weeks. As a school we fully support all religions and beliefs and look forward to being a small part of all the different faiths around us.

If your child has reached the age where they are expected to fast, which we expect will be when they are in Year 5 or Year 6, you may wish for them to start joining in part or all of the fasting. If you would like your child to fast within school hours please can you return the permission slip below, unless you have already written to inform us. It is important for us to know so that we are able to understand and ensure they are coping well (especially in the warmer weather).

It is vital that while your child is in school they are allowed to sip water, if they feel the effects of the weather and/or physical exertion, as they may have a very active day at school. If this is their first or second time of fasting, some children may find it difficult to continue the school day and learn to maximum capacity if they are dehydrated.

If there are any concerns regarding this, please do not hesitate to contact the school office.

Thank you for your continued co-operation and support.

Regards,

Rebecca Benjamins
Headteacher

Fasting during Ramadan (March to April 2023)

My child _____ in _____ Class will be fasting during Ramadan but will be allowed to sip water during the school day if considered necessary.

Parent/Carer name: _____

Signed: _____ Date: _____

Co-operation

Respect

Resilience

Confidence

Responsibility